

# Hemorrhoids - what do i need to do?

There are many unpleasant symptoms and diseases associated with constipation. Hemorrhoids is one such symptom and several doctor or perhaps practitioners say, 'its not a serious condition.' As a natural nutritional consultant, I say, 'Hemorrhoids is a condition you need to deal with or better yet eliminate.'



- You need to listen to all symptoms you have to decide if you want to take some action to correct the cause.
- Some times just acknowledging a simple symptom is enough for symptom and the cause to disappear.
- Hemorrhoids, whether easy or even severe, are telling you there is something wrong somewhere and 'I hope you take care of it before it get worse'
- Taking care of hemorrhoids or hemorrhoid symptoms is the first thing you should take care of.
- Then, you want to focus your effort on the cause of these types of hemorrhoids.
- In this way you can help to eliminate your own hemorrhoids and prevent them from coming back.
- The first indicators of hemorrhoids are when you need to take action.
- Don't wait until your hemorrhoids acquire large, provide you with pain, start bleeding, or protrude


## The First Question You Should Ask about Hemorrhoids is What Caused Them.

What causes hemorrhoids?

### Is Always the Cause of a Sickness that You Try to Eliminate

Doctors don't always have the time in order to determine what the cause is so they will handle the symptom to get rid of it. The result is that your illness will come back or the symptom is or appear as a different symptom.

*Hemorrhoids are cause by excess pressure in the rectal blood vessels and the veins in the surrounding area.*



**“** *Where To Find Treatment For Hemorrhoids Online* Some diseases can be very inconvenient for people, most especially for those who have long-term ones. It is one thing to have the disease and have the symptoms; and it is another to suffer through these symptoms over and over. It can be really...

## There are Many Causes of Hemorrhoids that Constipation is a Major Cause

By first using some natural hemorrhoid remedies that I will discuss later on articles, it is possible to remove or diminish your hemorrhoids. Then by using some natural remedies for constipation, you can prevent hemorrhoids from coming back.



HemorrhoidsHemorrhoidHemorrhoid Remedies

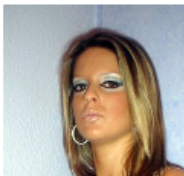
- Using natural remedies for treating your hemorrhoids is the best way to deal with this condition.
- In their book, NaturalPrescriptions, 1994, Robert M.
- Giller, M.D. as well as Kathy Matthews, gives you their opinion of drugstore medications,

## You are Suffering from Hemorrhoids Right Now, You Would Like Immediate Relief

What about all those over-the-counter remedies? Just last year the FDA clamped down on the manufacturers of these products, and some of them are being removed from the market because they've never been proven to be effective. Some other should limit their statements. Those that claim to shrink tissues should carry a warning because people with diabetes or heart disease, for example, should never have used them. In the final analysis, while you can find some temporary relief from these products, you could do as well by applying zinc oxide, petroleum jello, or witch hazel, which can be just as effective and also far cheaper.'

Rudy Silva has a Physics degree from the University of San JoseCalifornia and is a natural Nutritionist. He writes a newsletter called 'natural-remedies-thatwork.com' and he's written an ebook called 'How to alleviate The Constipation with 77 NaturalRemedies.' You can get more information on this ebook and more hemorrhoid remedies at this site.<http://www.hemorrhoid-remedies.for--you.info>.

About the author:Rudy Silva has a Physics degree from the University of San JoseCalifornia which is a natural Nutritionist. He writes a newsletter called 'natural-remedies-thatwork.com' and he's got written an ebook called 'How to Relieve Your Constipation with 77 NaturalRemedies.' You can get more information on this ebook and more hemorrhoid cures at this site.<http://www.hemorrhoid-remedies.for--you.info>.



**“** *Crystal McDonagh*  
Crystal is a writer at [utibloodinurine.info](http://utibloodinurine.info), a site about alternative natural health. Last year, Crystal worked as a advertising guru at a news web site. When she's not sourcing new content, Crystal loves painting and rafting.

**Disclaimer:** Content in this document is an advertisement, therefore it may be biased and should not be considered an objective or independent review. Owner of this document may be compensated when you purchase a product by clicking a link in this document. The views and opinions expressed in this document are purely of the author. Any product claim or other representation about a product or service should be verified with the manufacturer, provider or party in question. Any health information in this document is for educational purposes only and is not intended to replace the advice of your health care provider.